

Sermon Outline “Adventures in Prayer – Praying Throughout the Day”  
March 13, 2024

“Pray in the Spirit AT ALL TIMES with ALL KINDS OF PRAYERS, asking for everything you need. To do this you must always be ready and never give up. And always pray for all God's people.” Ephesians 6:18

**HOW TO PRAY THROUGHOUT OUR DAY**

1. Keep a running \_\_\_\_\_ with God.  
“Pray on every occasion, as the Spirit leads.” Ephesians 6:18  
“Never stop praying! (Pray all the time!)” 1 Thessalonians 5:17
2. \_\_\_\_\_ pray times throughout my day.  
“Seven times a day I praise you!” Psalm 119:164

**A DAILY SCHEDULE BUILT ON THE LORD’S PRAYER**

1. Get up with \_\_\_\_\_ (THANKSGIVING)  
Jesus said, “. . . Your Father knows what you need before you ask him. Matt 6:8-9
2. Bless God’s name at \_\_\_\_\_ (PRAISE)  
“Hallowed be your name . . .” Matthew 6:9b  
“Every day I will bless your name, and praise it forever and ever!” Psalm 145:
3. At midmorning, \_\_\_\_\_ what matters most. (DEDICATION)  
“May your kingdom come, and may your will be done, on earth as it is in heaven.” Matthew 6:10
4. List my \_\_\_\_\_ at lunch. (PETITION)  
“Give us today our daily bread.” Matthew 6:11  
“Jesus has the power of God, by which he gives us everything we need to live, and to serve God. We have these things because we know him.” 2 Peter 1:3
5. Ask for \_\_\_\_\_ in the afternoon. (CONFESSION)  
“Forgive us our sins as we forgive those who sin against us.” Matthew 6:12  
“I confessed my sins to you and didn’t try to hide them . . .  
Then you forgave me and now all my guilt is gone!” Psalm 32:5
6. Ask God to help me make \_\_\_\_\_ decisions. (PROTECTION)  
“And lead us not into temptation but deliver us from the evil one.” Matthew 6:13  
“Remember the temptations that come into your life, they’re no different from what others experience. And God is faithful, He will keep the temptation from becoming so strong that you can’t stand up against it. When you are tempted, he will show you a way out so that you will not give into it. 1 Corinthians 10:13
7. I end my day with an \_\_\_\_\_ truth. (BENEDICTION)  
“For yours is the kingdom, and the power, and the glory, forever! Amen!”  
Matthew 6:13c